

Jesus on the Issues

rejection
significance
faith
uncertainty
helplessness

Day 1 — READ Mark 5:21-24, 35-43

The story of Jairus speaks of two sides of helplessness. You, yourself can be in danger physically, emotionally, financially, relationally. The other way you can feel helpless is to watch someone you dearly love undergo these types of dangers, and you can only watch from the sidelines unable to save them. This can be especially terrifying for parents.

Helplessness can bring with it a range of feelings... despair, sadness, and even horror. If we allow God to work in us through these times, He can take us to a place of submission, peace, and growth.

JOURNAL some situations where you were helpless. What happened? How did you feel in the midst of it? How did God use those times to grow you?

Day 2 — READ Mark 5:25-34

IMAGINE all this woman had been through. She felt physically sick for years. She was considered unclean in her culture because of the bleeding and would, therefore, be isolated. She'd spent everything she had and was broke, maybe even living on the streets. She was alone and degraded and didn't want any attention, but Jesus was her one last hope. "If only..." was all that she had left.

Have you ever been in an "if only" situation? Down to your last hope? Jesus often takes us there to teach us things. **LIST** some things have you learned?

Day 3 — READ Mark 5:21-43

- **FIND** the ways these two people showed hope.
- **NOTE** God's faithfulness in these lives.
- **CONFESS** ways that you've been without faith in hard circumstances.
- **DESCRIBE** some ways that you've showed hope in helpless situations.
- **PRAISE** God for the times He's proven His faithfulness to you.

Days 4 & 5 — READ the scripture verses on your outline

God helps us in so many ways today, but it's the emotional and relational peace He gives us that helps us navigate our way with some semblance of clarity and hope.

Non-ending life • Presence • Assurance • Peace • Christian family

Which of these gifts is most precious to you? Why? Is there a verse from the outline this week that you can begin to memorize to reinforce your hope in times of helplessness?

Which of these gifts is the least present in your life? Which verse can you memorize to make it true for you?

Do you need to take some other steps as well? Maybe your prayer life needs a boost, or maybe you need to get in a small group. **THANK** God for His gifts and **PRAY** for Him to show you a next step. **TELL** someone what your next step is and **ASK** that person to hold you to it.